

Volunteering is the **heart** of this Fellowship.

Please do **your** part!

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AUUF Services • 10:00 A.M.

Nov. 2016



Nov. 6
“The World We Dream About”
Rev. Pam Gehrke

Remember to “fall back**”!

Let's imagine a counter-narrative to the "gloom and doom" that dominate our media. We reflect on the power of real-world stories to sustain us as we work to transform ourselves and the world.

Nov. 13
“Aging in Place – It Takes a Village”
Judy McGaha

Giving of the Plate (East Alabama Food Bank)—
Potluck—Board Meeting

Most people would prefer to stay in their homes as they age, but support systems are not always available to make this possible. The Village concept, originated in 1992, is to develop a virtual community to support the functional, emotional, social, and spiritual needs of older adults. Judy McGaha, president of our local village, Village Friends Village Values (VFVV), will talk about the Village concept and the current status of our village. See www.village-friends.org.

Nov. 20
“Bread and Community”
Sunday Services Committee

Bring your baked goods and stories to share as we "break bread together" in anticipation of Thanksgiving.

Nov. 27
“Presence and Presents: Thoughts about Giving and Receiving”
Rev. Pam Gehrke

The winter holidays offer us many opportunities for expressing appreciation, showing love, and sharing wealth. Through the lens of a cultural history of gift exchange, we consider how we might hold to our cherished values and traditions amid the hustle and bustle of the season.



The Auburn Unitarian Universalist Fellowship is a community dedicated to affirming a reverence for life and enriching the spiritual lives of its members. Here we honor the one and the many; here we welcome a diversity of thoughts, beliefs and passions; here we speak without fear and listen with open hearts. We gather to care for one another, share our burdens and joys, and celebrate life's passages. Strengthened by this fellowship, we bring a liberal religious presence to our larger community and work for a safe and just world.

November 2016

All Month: Services @ 10 am.

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
					1		2		3		4		5
				5 – 6:30 pm Yoga				6:30 pm East Alabama Buddhist Fellowship		7:30 pm Sundilla Music: Tokyo Rosenthal		10 am Vipassana Meditation	
	6		7		8		9		10		11		12
				5 – 6:30 pm Yoga		6:30 – 8 pm AUUF Saints and Singers		6:30 pm East Alabama Buddhist Fellowship		6:00 pm Community Game Night			
	13		14		15		16		17		18		19
Potluck Sunday Giving of the Plate (East Alabama Food Bank) 12:15 – 2 pm Board of Trustees Meeting				5 – 6:30 pm Yoga		6:30 – 8 pm AUUF Saints and Singers		6:30 pm East Alabama Buddhist Fellowship				10 am Vipassana Meditation	
	20		21		22		23		24		25		26
5 – 7 pm Humanist Potluck – Busch Center				5 – 6:30 pm Yoga		6:30 – 8 pm AUUF Saints and Singers		6:30 pm East Alabama Buddhist Fellowship					
	27		28		29		30						
				5 – 6:30 pm Yoga		6:30 – 8 pm AUUF Saints and Singers							

** Fredonians Judy and Jim invite other UUs to come out for the 8th annual **Fredonia Heritage Day, Sat., Nov. 5, 9:00-4:00 Central**. This FREE family-friendly festival celebrates "Our Southern Musical Heritage," and foods too--fried pies, BBQ, even fried green tomatoes. Children's activities include music with UUs Rasika, Sam, and Jeff. The all-day stage features Red Mountain White Trash and Wiregrass-- gospel, country and more. Demonstrators, cake walks, half and half drawing! See FredoniaHeritageDay on Facebook for more information.

A Message from the Interim Minister

In the words of Nobel Laureate Bob Dylan, “The times, they are a-changing.” It has been a season of stress and anxiety in the wider society, as well as of one of changes in the Fellowship. I'm grateful for the heightened awareness this time of change brings me: moving here from my home in California challenges me with new experiences each day. Similarly, the interim period can be a time of fruitful discovery and growth for the congregation. Changes provoke a wide range of emotions, some less pleasant than others. To make the most of this transition time, I recommend extra attention to self-care for each of us. And, it is a time to draw on our reserves of curiosity, patience, and kindness in personal relationships—even more than usual.

The evenings grow dark and the winter holidays approach. Despite the bright lights and parties, this can be a hard time of year for anyone. It may be especially difficult for those grieving a loss, whether recent or not: the death of a loved one, an unwanted change of employment, an “empty nest.” Solace can be found in sharing our stories and memories with others. I will convene a drop-in support group for the first four Thursdays of December: Busch Center, 7:00-8:30. All are welcome—let me know if you have any questions.

After the holidays, there will be programming to claim and honor the congregation's past, including “talking circles.” Meanwhile, one of my priorities for the early months of this interim period is to become acquainted one by one with members and friends of AUUF—and I'm off to a good start! I'm available by appointment for conversation most days (except Mondays), and I plan to spend most Thursday afternoons in my office at the Busch Center. Of course, I also look forward to seeing you Sunday mornings!

With gratitude,
Pam

Rev. Pamela Gehrke, PhD
psgehrke@gmail.com
(650) 291-5539

LOOKING TO EXPLORE YOUR CREATIVE SIDE?

The Bread Altar is a simple way to get started. What is needed is a beautiful table set to receive the bread from many. While you may add decorations to make it festive, there still needs to be space for the bowls and platters of bread that will arrive.

The table should be accessible to all who would want to come forward to participate in the sharing of the bread. Also it is best to set up the altar the evening or day before. If you think you would be interested in this creative task please call me. I'd be happy to work some with you.

Laura J. Kloberg, aesthetics chair
[334-332-5458](tel:334-332-5458)

AUUF Humanist Discussion Group

The Humanist discussion group invites all interested persons to join our monthly potluck and discussion. We will meet on Sunday, November 20th at 5:00 at the AUUF Busch Center. Dinner about 5, discussion starts at 6. Please bring a dish to share and a beverage.

Here is our topic for discussion:

The election will be over when we meet on Nov. 20th. We will have a new President elect. Hopefully, we will be able to come together as a country to solve some of the looming problems we face as a nation and in the world. Perhaps not. We do know this election has been driven by very opposing views of what our future demands. Good people came to different conclusions about which candidate could best serve us. Why? Let's explore the roots of morality and see how that plays out in terms of one's political party affiliation. We'll watch a TED Talk: "The Moral Roots of Liberals and Conservatives" and discuss its implications for working for a humane and just world.

For more information, please contact Marcia Rossi at rossi.asu@gmail.com.



Donate NOW :)
www.auuf.org
(Just Scroll Down)

**We must be certain to
attend the AUUF Auction!
It is set for Friday evening,
December 2 from 7 until 9
in the evening.**

**There will be food, there will be fun,
there will be many wonderful things to buy.**

**It will be held at the
Fellowship at 450 East
Thach in Auburn?**

Yes, Deer.



RE/DRE

...on Religious Education

From Julie Meadows, the Director of Religious Education

We are beginning our third month of RE already! This past weekend we had our Overnight/Pancake Breakfast. I want to offer a special Thank You to the volunteers who took advantage of the opportunity to spend time with some of our AUUF youth. We had RE teachers, who already do so much for our kids, take this chance to spend time with the kids outside of RE. These great folks are Shawn Jacobsen, Amy Phillips, Conar Rochford, and Billy Welburn. Ralph Banks, an OWL teacher, also joined the fun. He was on duty when the kids, sleeping outside in hammocks, were awakened at 4:30 in the morning by the deluge of much needed rain! We had some parents help out, Jan Newton, Temesgen Samuel, and Brian Wells (Brian also was on duty when the rain hit). We did have a couple of people who heard the call for new volunteers and they took advantage of this opportunity to get to know the RE kids. These folks are Rasika Ramesh and Sam Price. I am so grateful to all of these amazing people for their help in making the Overnight such a great hit! I am especially appreciative to those who were outside with the kids when the rain hit and were able to help them get inside with all of their stuff. Thank you Billy, Brian, Sam, Ralph and Rasika!

From the Pre-K-1st class:

This year's class is showing great promise. The kids are more motivated this time and concentrating well. We are loosely using the "Rainbow Connection" curricula from Imagine-RE. The children caught on to the RESPECT segment in one lesson. They can now sit long enough to make it through and appreciate a whole storybook, and don't argue over crayons and Play-Doh. Having more kids in the class really is helping to get the group cooperation/respect mentality to form. We are also starting to add a musical element into the class as well! We can expect greatness from this class... terrible perhaps, but great! (Harry Potter reference for those not in the know) Robin looks forward to sharing a whole lot of stuff with critters and science. And from Andrew: a whole lotta shakin' going on with music and movement! Amy has got us all focused more (plus the kids are older too)!

Nov RE Calendar:

- 6- RE Class
- 11- CGN (Holiday Helping Boxes food donations)
- 13- Potluck and Board Meeting
- 19- Kids make bread for Bread Communion
- 20- Bread Communion Combined RE Class
- 27- First Advent "Hope" & Cookie Decorating RE for All Ages



Unitarian Universalist Service Committee

It is November, typically the month during which we kick off the "Guest at Your Table" program. It has been a very busy year for the Unitarian Universalist Service Committee. In particular, the UUSC has been very involved in the fight to change US policies regarding detention and in responding to the humanitarian disaster in Haiti following Hurricane Matthew. In the wake of the hurricane, over a thousand Haitians were killed and now millions are threatened by cholera. Thousands of homes were destroyed, as were crops that were near harvest. The UUSC has a long-standing policy of working with local groups and they are doing that now in Haiti.



Here in the United States, the UUSC is working with other grassroots groups to pressure the Department of Homeland Security to close its family residential centers where immigrants are detained while awaiting hearings and possible deportation.

The Guest at your Table (GAYT) program not only provides funding for the UUSC, but also provides an opportunity for each of us to pause and remember those people around the world who are hungry, in danger or whose basic human rights are simply not secure. It's also a great way to start or renew your UUSC membership. A donation of \$40 or more earns the donor a membership and donations of \$125 or more are matched by the UU Congregation of Shelter Rock.

Unfortunately, I will be away much of November and December so we have decided to remind everyone about the GAYT program and distribute envelopes so you can send in your family's donation on your own, but I will not be collecting the contributions on behalf of the AUUF this year. You'll also probably get fewer reminders but I do hope you will find a jar or bowl to collect your loose change and donate it to the UUSC on behalf of their work throughout the world. If you have any questions or need an envelope, please contact me (boomer1220@gmail.com).

Sharing our Abundance

Wow, it's November with its holidays that tend to involve lots of food. Thanksgiving and our Bread Communion both give us an opportunity to pause and be grateful for our abundance of food and community. So, it seems most appropriate that our partner this month for both our Sharing the Plate and Community Game Night donations is the East Alabama Food Bank. Please remember all of these opportunities to be generous on the second Friday and Sunday of every month.

giving the plate

On the **second Sunday** of each month,
we give all non-pledge donations
to a local non-profit group.

Please remember to bring something extra.
Just write "plate" on the memo line of your check,
with gratitude for all that we have.

—This month the money goes to—

East Alabama Food Bank:

One of the most remarkable aspects of the East Alabama Food Bank is that it provides food to those who are food insecure in so many different ways. They have programs that target the needs of different groups in ways that not only provides the needed food but do so in ways that respects the dignity of the recipients. For school children they have the Backpack program that provides food to hungry children on the weekends and holidays. The Brown Bag program reaches Lee County's elderly who live below the poverty line and the Community Market provides clients the opportunity to make their own food choices. These programs have a tremendous impact on our community and the number of individuals and families they reach are stunning. The Community Market serves 900 families a month, while the Brown Bag program reaches 560 elderly households and the Backpack program reaches over 300 children. So, this month as we enjoy our good fortune and community, let's be generous and reach out to those in the larger community who really need our help.

To make a donation to Sharing the Plate, please write a check and put "Plate" on the memo line or place your cash donation in the basket during the Offertory.

Please too, remember to bring your donation of non-perishable food for the East Alabama Food Bank.

Community Game Night:

We will be collecting food for the Holiday Helping Boxes at the **November Game Night** (Friday, November 11th). This month our RE children will be assembling the helping boxes for delivery to the Food Bank. See Julie Meadows for more information on that.

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Reminder: The deadline for newsletter items is 20th of the month.

Volunteers are the Heart of AUUF

<http://www.signupgenius.com/go/70a0548ada822a64-weekly>

PLAYGROUND VOLUNTEERS

November 6 Jan Newton & Kitty Frey

November 13 Nanette Chadwick & Chloe Jones

November 20 Angie Hodges & Shannon Price

November 27 Julie Meadows & Becki Retzlaff

GREETERS

November 6 Jan & Jim Newton

November 13 Eddie Peek & Emily Livant

November 20 Emily & Peter Livant

November 27 Shawn Jacobsen & Peter Livant

STORYTELLERS

November 6 Robert Zabawa

November 13 Masha Kloberg

November 20 Jenny Brooks

November 27 Natalia Ruiz-Junco

ANGELS

November 6 Conar Rochford & Kitty Frey

November 13 Conar Rochford, Jeff Zeyl, ?, & ?

November 20 Conar Rochford & Patrick Kennealy

November 27 ? & ?